FOR IMMEDIATE RELEASE
July 21, 2016

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MEDIA ADVISORY

Supervisor Mark Ridley-Thomas and the American Diabetes Association host Diabetes Awareness Day for Senior Citizens

WHAT: Diabetes Awareness and Prevention Day, themed "Living Your Life Like It's Golden," will be hosted by Los Angeles County Supervisor Mark Ridley-Thomas (Second District) and the American Diabetes Association, and designed for senior citizens, families and caregivers.

WHEN: Friday, July 22, 2016

TIME: 10 a.m. to 3 p.m.

WHERE: Martin Luther King, Jr. Center for Public Health
11833 S. Wilmington Ave.,
Los Angeles, CA 90059

WHY: Diabetes is a serious disease that strikes nearly 30 million Americans including 1 in 10 people living in Los Angeles. Senior citizens have an increased risk of the disease. The Association will provide free health screenings, cooking demonstrations, exercise demonstrations, free haircuts, mini-manicures and hand massages, workshops on managing and preventing diabetes, entertainment, giveaways and more. Snacks and beverages will be provided.

ADMISSION: Free; RSVP encouraged

REGISTER: Valerie Loduem at 323.966.2890, ext. 7487 or vloduem@diabetes.org

MORE INFO: The American Diabetes Association is leading the fight to Stop Diabetes and its deadly consequences and fighting for those affected by diabetes. The Association funds research to prevent, cure and manage diabetes; delivers services to hundreds of communities; provides objective and credible information; and gives voice to those denied their rights because of diabetes. For the past 75 years, our mission has been to prevent and cure diabetes and to improve the lives of all people affected by diabetes. For more information please call the American Diabetes Association at 1-800-DIABETES (800-342-2383) or the Los Angeles office at 323.966.2890 or visit www.diabetes.org

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